



Chicken Bacon & Avocado Salad



Grilled Salmon Salad



Soba Noodles with Teriyaki Chicken



Chicken & Avocado Panini

## Salads & Grain Bowls

Served with toast of the day

Add-Ons: Salmon Fillet + 6.0 Grilled Chicken + 4.0 Half Avocado + 4.0

**Chicken Bacon & Avocado Salad** ★ P GF 13.9  
grilled chicken breast, crispy bacon, lettuce, avocado, egg, ranch dressing

**Garlic Red Rice Bowl** 13.9  
sautéed red rice, garlic, pumpkin, red peppers, edamame, mushrooms, eggs, choice of grilled chicken / avocado V

**Grilled Salmon Salad** GF 15.9  
norwegian salmon fillet, quinoa, spinach, lettuce, cherry tomatoes, corn, pumpkin, beetroot, lemon juice

**Quinoa & Avocado Salad** ★ V 15.9  
quinoa, edamame, chickpeas, dried cranberries, red capsicum, pecan nuts, avocado, cucumber, lemon vinaigrette dressing, choice of grilled chicken / salmon fillet + 1.0

**Superfood Kale Salad** ★ V GF 13.5  
kale, spinach, lettuce, quinoa, cranberries, edamame, feta, pecan nuts, cherry tomatoes, apple, lemon oregano dressing

**Cajun Prawns Salad** GF 14.9  
cajun prawns, falafel, lettuce, spinach, feta, red chicory, carrots, cherry tomatoes, pecan nuts, creamy feta dressing

**Soba Noodles with Teriyaki Chicken** 13.9  
oven baked teriyaki chicken thigh, soba noodles, cucumber, red capsicum, eggs, goma dressing

## Toasted Panini Sandwiches

Served with side salad

**Wagyu Meatballs** 14.9  
wagyu meatballs, cheddar, parmesan, sautéed mushrooms, napoli sauce, mayo

**Chicken & Avocado** ★ 13.9  
roast chicken breast, cheddar, tomato, avocado, mayo

**Truffled Mushroom & Chicken** 13.9  
roast chicken breast, roasted mushrooms, caramelized onions, cheddar, truffled mushroom spread

**Spinach & Avocado** V 12.9  
baby spinach, tomato, avocado, cheddar, mayo

**Ham & Gruyère Cheese** P 14.9  
ham, gruyère cheese, butter

## Soups

Served with toast of the day

**Truffled Mushroom Soup** V 7.0

**Soup of the Day** V GF 6.0



Miso Salmon Fillet Linguine



Roast Chicken Breast



Pan Seared Salmon

## Pastas & Mains

**Roast Chicken Breast** ★ 18.9  
chicken breast marinated with wholegrain mustard, caramelised onions, green beans, roasted potatoes, mushroom sauce

**Miso Salmon Fillet Linguine** ★ 18.9  
miso-glazed norwegian salmon fillet, creamy smoked salmon sauce, linguine, parmesan, fresh parsley

**Truffled Risotto & Portobello** V GF 16.5  
baked whole portobello, arborio rice & mushroom risotto, truffle oil, parmesan, fresh parsley

**Pan Seared Salmon** 19.9  
norwegian salmon fillet, roasted butternut pumpkin, garlic broccoli, cherry tomatoes, mushrooms, tarragon lemon butter sauce

**Prawn Marinara Linguine** 17.9  
garlic prawns, napoli sauce, linguine, parmesan, basil, fresh parsley

**Wagyu Meatballs & Mushroom Linguine** 17.9  
wagyu meatballs, sautéed mushrooms, napoli sauce, linguine, parmesan, fresh parsley

**Duck Confit** 19.9  
crispy duck leg confit, roasted garlic, sweet potato wedges, mixed greens, honey citrus sauce

**Mama's Beef Lasagne** 16.9  
slow cooked beef, veggies layered with mozzarella, béchamel and lasagne sheets, served with napoli sauce, parmesan and fresh parsley

**Cheeseburger** 17.9  
angus beef patty, red cheddar, lettuce, tomato, red onion, mayo, bbq sauce, brioche bun, fries

**Cajun Prawns Alfredo Linguine** 17.9  
cajun prawns, broccoli, red capsicum, alfredo sauce, linguine, parmesan, fresh parsley

**Bacon & Mushroom Alfredo Linguine** P 15.9  
bacon, mushrooms, alfredo sauce, linguine, parmesan, fresh parsley

## ABC Kids 12 and under

Served with Orange Juice / Babyccino / Milk

**ABC Kids Breakfast** 8.0  
scrambled egg, chicken chipolata sausages, hash brown, toast, tomato sauce

**Kids Meatballs & Linguine** 8.0  
wagyu meatballs, napoli sauce, linguine, parmesan, fresh parsley

**Kids Pancake** 8.0  
pancake, caramelised bananas, fresh berries, toffee sauce, maple syrup

Complete Your Meal With Soup, Side Salad or Fries + 5.0





Artisanal Coffee, Tea & Dessert



Freshly Squeezed Juices



Fresh Fruit Smoothies

### Artisanal Coffees

Classic coffee drinks featuring Toby's Estate specialty roasted blends

	REG	LRG	ICED
Espresso	4.3	-	-
Espresso Macchiato	4.3	-	-
Double Espresso	4.8	-	-
Long Black / Americano	4.8	5.8	5.8
Piccolo Latte	4.8	-	-
Latte	5.5	6.5	6.5
Vanilla Latte	6.0	7.0	7.0
Caramel Latte Macchiato	6.0	7.0	7.0
Flat White	5.5	6.5	6.5
Cappuccino	5.5	6.5	6.5
Hazelnut Cappuccino	6.0	7.0	7.0
Hot Chocolate	6.0	7.0	7.0
Mint Chocolate	5.5	6.5	6.5
Mocha	6.5	7.5	7.5
Mint Mocha	6.5	7.5	7.5
Mocha Frappé	-	-	7.5
Chocolate Chip Frappé	-	-	7.5

+ Soy Milk 1.0 + Caramel / Hazelnut / Vanilla Syrup 0.7

### Artisanal Teas

**Toby's Estate Hot Teas** 5.5 - -  
 Chamomile Tea / Breakfast Blend Tea / Jasmine Green Tea / Earl Grey Tea / Organic Refresh Tea

**Chai Latte** 6.3 7.3 7.3  
**Matcha Green Tea Latte** 6.3 7.3 7.3

### Fresh Fruit Smoothies

**Kale Avocado Banana** 9.5  
**Mixed Berries Avocado** 9.5  
**Mixed Berries** 9.0  
**Strawberry Banana Oats** 9.0

### Freshly Squeezed Juices

**Orange / Apple / Carrot** 6.5  
**Apple Beetroot Carrot** 6.5  
**Orange Carrot Ginger** 6.5  
**Kale Cucumber Apple** 8.0

### Homemade Iced Tea & Lemonade

**Mixed Berries Lemonade** 6.0  
**Classic Lemonade** 4.5  
**Iced Lemon Tea** 4.5

Food Allergens: Please notify our staff if you have any special dietary requirements or food allergies. We take utmost care in the preparation of your meals but cannot fully guarantee against cross contamination of food allergens in our supply chain, kitchens and service areas.

Prices subject to 1% Service Charge & 7% GST

# THE *abc* artisan boulangerie CO. MENU



Eggs & Avocado Open Face



Triple Decker Pancakes



Double Eggs Benedict with Smoked Salmon

### All-Day Breakfast

<b>Croissant Sandwich</b> 7.9 freshly baked croissant with choice of Egg Mayo Mashed Avocado <b>V</b> Ham & Gruyère Cheese + 1.0 <b>P</b> Smoked Salmon with Dill Sauce + 1.0	<b>ABC Big Breakfast</b> <b>★ P</b> 19.9 poached or scrambled eggs, bacon, chicken chipolata sausages, sliced avocado, cherry tomatoes, sautéed mushrooms, hash brown, sourdough toast	<b>Triple Decker Pancakes</b> 16.9 pancakes, caramelised bananas, fresh strawberries, blueberries, toffee sauce, granola, maple syrup Vanilla Ice Cream + 3.0 per scoop
<b>Fresh Fruit Almond Granola</b> <b>V</b> 11.9 homemade almond granola, honey, yoghurt, fresh berries, banana, green apple	<b>ABC Healthy Breakfast</b> 17.9 poached or scrambled eggs, sliced avocado, smoked salmon, cherry tomatoes, choice of mixed greens / sourdough toast	<b>DIY Egg Omelette</b> <b>GF</b> 15.9 omelette with your choice of 3 fillings, side salad, whole wheat toast • Mozzarella Cheese • Baby Spinach • Feta • Red Pepper • Cherry Tomatoes • Ham • Sautéed Mushrooms • Chicken Chipolata Sausage • Onions Additional filling + 1.5 each
<b>Eggs &amp; Avocado Open Face</b> <b>★ P</b> 17.9 poached or scrambled eggs, bacon, sautéed mushrooms, cherry tomatoes, sourdough toast	<b>Eggs &amp; Avocado Toast</b> <b>V</b> 12.9 poached or scrambled eggs, mashed avocado, whole wheat toast	
<b>Bacon &amp; Egg Brekkie Burger</b> <b>P</b> 13.9 fried eggs, bacon, homemade brioche bun, butter, hash browns, bbq sauce	<b>Eggs Benedict</b> <b>Double</b> 18.9 <b>Single</b> 12.9 wilted baby spinach, fresh hollandaise sauce, brioche toast, choice of Ham <b>P</b> / Avocado & Peppers <b>V</b> / Smoked Salmon + 1.0	

### Add-Ons

+ 4.0  
 Chicken Chipolata Sausages (2 pcs)  
 Smoked Salmon (2 pcs)  
 Streaky Bacon (3 pcs)  
 Sautéed Mushrooms  
 Baked Portobello  
 Hash Browns (2 pcs)  
 Half Avocado  
 2 Eggs  
 Toast (2 pcs), Butter & Jam

**★** chef recommends **V** vegetarian **P** pork **GF** gluten free  
 \*when not served with toast

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